# PROMOTING COMMUNITY HEALTH While at Church







#### Hand Washing

Please wash your hands before and after Worship Services and Sunday School. We also have hand sanitizer stations in all foyers.

#### **Responsible Giving**

In order to cut down on person-to-person contact, we will collect offering at a few locations at the end of the Worship Service. We strongly encourage using text-to-give or online giving.

#### Showing Love

Lets give a big smile, kind hand wave, fist bump, elbow rub and a hearty "Praise The Lord" when we see each other and hold-off on hugs and kisses just for now.

## Everyday actions we can all take to help

### prevent the spread of all respiratory viruses:

- •Stay home when you are sick.
- •Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- •Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- •Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- •Clean and disinfect frequently touched objects and surfaces.
- Consider alternatives to shaking hands.

•Unless you are sick with cough, sneezing and fever, it is not advised to wear a mask.